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Clinical Paper

repose®

A clinical evaluation of a dedicated heel offloading wedge for the reduction of heel pressure ulcers in high-risk orthopaedic patients

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The Problem

Pressure ulcers remain a challenge for patients who develop them and the healthcare professionals involved in their prevention and management

The Insight

Staff identified a simple barrier: the right equipment wasn't in place to do the job effectively, teams were asked to highlight the "rocks in their shoes" – everyday barriers impacting effective pressure ulcer prevention.

The Change

A dedicated offloading solution was introduced: Repose® Wedge.
Designed for consistent heel elevation, easy to use, and reusable.

- Repose is reusable & easy to clean
- Repose is durable, easy to use & easy to store
- Repose is cost effective
- Patients find Repose comfortable
- Repose has two years waranty

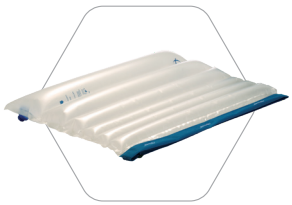
The Impact

Repose® contributed to a ***significant reduction in heel pressure ulcers.***

70 reported cases > 25 reported cases

62.5% ↓

overall reduction in pressure ulcers, with ***improvements across multiple wards.***



A simple, staff-led change scaled form one ward to seven, delivering ***better patient outcomes.***

> *Repose Wedge is really good and we have had no issues with it*
>
> Repose is great for elevation and definitely better than pillows
>
> *We perform a daily check and count of the Repose as part of our routine, this has become embedded on the ward and we are often concerned when a patient doesn't have Repose in place*

NHS University Hospitals Coventry and Warwickshire NHS Trust

Rocks in their Shoes

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Background

Method

Results

Conclusion

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